Sample Daily Timetable

Time	Activity	Details
8:50 – 9:00 AM	**Morning Roll & Admin**	Attendance, Well-being check ins, notices, and preparation for the day.
9:00 – 9:45 AM	**Maths**	Focus on numeracy skills and problem-solving.
9:45 – 9:55 AM	**Brain Break / Energiser**	Fitness / Fun Games / Team Work & Cooperative Games
9:55 – 10:40 AM	**Reading**	Developing comprehension, vocabulary, and reading fluency.
10:40 – 11:05 AM	**Morning Tea**	A short break for students to recharge.
11:05 – 11:55 AM	**Writing**	Focus on writing skills, creativity, and structure.
11:55 – 12:40 PM	**Health or PE or Languages**	Alternate throughout the week
12:40 – 12:50 PM	**Eat lunch in class**	Seated in class eating
12:50 – 1:25 PM	**Lunch Break**	Being active, socialising, clubs, sports training and outdoor play.
1:25 – 2:10 PM	**Integrated Studies**	Grammar / Spelling / Te Reo
2:10 – 2:15 PM	**Brain Break / Energiser**	Fitness / Fun Games / Team Work & Cooperative Games
2:15 – 2:55 PM	**Integrated Studies**	Cross-curricular learning, e.g., Social Sciences or Science.
2:55 PM	**SCHOOL DAY ENDS**	